

ABCDE-FGH OF AUTISM

DSM 5 DIAGNOSTIC AND THERAPEUTIC PERSPECTIVE

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**Some Important Points Which Parents Won't
Even Know Despite Having Autism Kid In
House For Decades**

CHILD DOESN'T FAIL ,
EXPERTS DO

Parents don't fail, they get carried
away...

YES THERE IS NO CURE FOR AUTISM .. BUT DSM 5 HAS WIDENED THE SPECTRUM TO MAKE MANY LIVE CLOSE TO NORMAL LIFE.

- ▣ Experts And Parents Who Have Not Been Aware Of These Latest Points In Autism Diagnosis And Cure... Will Remain In False Assumption That Accept Is The Only Cure And They Will Glorify Disability As Special Child.
- ▣ Know The Criteria And Have Your Child Changing.

AUTISM IS NEURO-DEVELOPMENTAL

- ▣ Change The Neuro
- ▣ Change The Development
- ▣ Yes, You Have Hopes..
Neuroplasticity adds it

AUTISM IS A DISORDER AND NOT DISEASE

▣ It Is A Disorder,
So It Can Be Put
In Order.

AUTISM IS NOT A GUT ISSUE, TOXIN INFECTION OR INFLAMMATION

- ▣ Once It Is Defined As Neuro And Developmental - Gut Doesn't Cause It.
- ▣ Gut Issues In Autism Are Not The Cause But The Effects Or Association Of Sensory Chaos.

**THERE IS NO CURE FOR AUTISM..
PEOPLE USE THIS LINE TO WIN IN COURT OF
LAW.**

**DON'T STRUGGLE FOR CURE, ASK FOR
QUALITY OF LIFE OF CHILD AND FAMILY.**

- ▣ It depends on how perfectly you define cure.
- ▣ Cure is a perspective.
- ▣ For example, a cancer patient who was about to die in a year, some surgery adds life but only 5 years. One may not call it as cure. But for that person he has cure for 5 years.

- ▣ IN 2013, AUTISM DIAGNOSTIC CRITERIA IS CHANGED AND ITS NO LONGER JUST AUTISM BUT IT ALSO INCLUDES MANY AUTISM LIKE CONDITIONS OF BEHAVIOUR AND COMMUNICATION , AND THAT MAKES US SEE CASES RISING TOO.
- ▣ SO ITS NOW CALLED A SPECTRUM, MEANS A LARGE NUMBER OF SPECTRUM WILL BE CLOSE TO NORMAL AND INDEPENDENT.

WHY DSM 5 IS IMPORTANT?

- ▣ IT IS THE FIRST EVER INTERNATIONAL CRITERIA THAT TRULY EXPLAINS AUTISM.. SINCE 2013
- ▣ THE SEQUENCE OF EVENTS DEVELOP IN THE SEQUENCE OF DSM CRITERIA
- ▣ SO WHEN WE WANT TO REVERSE CHANGES WE TRULY NEED TO CHANGE THE SYMPTOMS FROM CORE.. AND SO THE SEQUENTIAL SYMPTOMS WILL START GETTING REDUCED OVER NEXT FEW MONTHS.

WHY DSM 5 IS IMPORTANT?

- ▣ Dsm 5 Was Developed In 2013
- ▣ So Before Dsm 5 Criteria All Autism Were To Be Taken As “ Special’ Non Modifiable And Non Recoverable
- ▣ Parents And Experts Who Diagnose Autism By Older Criteria Of Dsm 4 Cars And Isaa; Will Always Believe That Autism Is Non Curable, As It Was The Worst Of Symptoms.

WHY DSM 5 IS IMPORTANT?

Once We Know How It Is
Happened.

We Know How To Reverse It.

**WHY DSM 5 CRITERIA IS
IMPORTANT?**

A OF AUTISM

- ▣ Autism Core Criteria Of
- ▣ Social Communication Deficit,
- ▣ Non Verbal Deficit And
- ▣ Social Initiation And Reciprocation Deficit

B OF AUTISM

- ▣ Behavioral Patterns..
- ▣ Repetitive
- ▣ Fixed/Rigid
- ▣ Object Fascinations
- ▣ Sensory Issues

C OF AUTISM

- ▣ Condition for definition is that symptom onset should be before 6 years of age,
- ▣ Previously it was five years of age;
- ▣ That was making many Autism cases to be wrongly diagnosed as ADHD after age 3 years.

D OF AUTISM

- ▣ Disability in autism should be clinically significant and relevant to affect education and occupation
- ▣ Meaning if we educate an autism kid and enable them to do better, the kid can be out of it.

E OF AUTISM

- ▣ Exclusion of other diseases explaining autism features in the child is compulsory.
- ▣ If any symptoms are better explained by other diseases, one should refrain from calling it as autism, and it may have different way to manage too.

F OF AUTISM

- ▣ Frequent close follow up management in every child with autism label is important along with early active interventional therapy..
- ▣ With a follow up plan with a follow up diary to be charted weekly without spending more than 5 min
- ▣ No change in hundred days with any plan should make one change the experts involved.

G OF AUTISM

- ▣ Goals are most important
- ▣ Simple achievable frequent modifiable
- ▣ Definite 3 to 5 goals
- ▣ To be planned in steps
- ▣ And work towards it
- ▣ They will be met with hard work, keep target 100 days.
- ▣ Not met, don't give up.. Modify goals, work hard, change experts

H OF AUTISM

- ▣ Hope takes us forward
- ▣ Each goal puts you thro hopes
- ▣ See the change, record the change, believe the change
- ▣ Hope for the next best
- ▣ Ask for more

HOPE IT CLEARS LOT OF CLOUDS AND ADDS HOPES TO YOU.

- ▣ Don't call me special...
- ▣ Call me social...
- ▣ Add hopes to life and not just certificate and concessions

- ▣ Ask For Joining Parents Support Groups
- ▣ **WhatsApp Support Groups**
- ▣ Understand, Face And Manage It Together
- ▣ With Expert



<http://bit.ly/whatsappautism>

For free online Assessment of Autism

Register for free
Camp

<http://bit.ly/autismcp>

Coming soon....

Autism, Speech delay and Behavioral Issues

- ▣ Free FAQ Booklet on understanding autism
- ▣ Concepts of neuronal circuits
- ▣ Making sense of senses into action
- ▣ Cognitive development
- ▣ Sensory chaos hypothesis And role of OT and SI and ST
- ▣ Neuronal nutrition hypothesis
- ▣ Bridging hypothesis Badri Kedar Model
- ▣ How is gut involved, Why biomedical and homeopathy is foolish in autism?
- ▣ Why no IQ test should be done? When to do IQ test?
- ▣ Videos of parents saying how their child got eye contact in 3 weeks, speech in 3 to 6 months
- ▣ How to make them less dependent in 2 months
- ▣ How to help autism kids get into normal school
- ▣ Concept of Need for Speed
- ▣ Give quality of life and not JUST certificate to the kid and family
- ▣ PARENTS ARE NEVER AT FAULT, THEY ARE KEY TO RECOVERY.